

EQ-5D IN PRIMARY CARE

The EuroQol 5-dimensions questionnaire (EQ-5D™) is a generic preference-based measure of health-related quality of life. It is widely used around the world as a patient-reported outcome measure (PROM). In healthcare settings, the EQ-5D could be used at different levels within the system for various purposes; some are outlined below.



Patient & Care Provider

Informs patient management and care plan

Patient completes the EQ-5D prior or during clinical encounter. The EQ-5D could be used to:

- Identify health issues as reported by patients, especially those that may go unnoticed (e.g., pain, anxiety)
- Monitor patients' outcomes over time to inform usefulness of treatments or interventions
- Empower patients to share how they feel about their health with their care providers



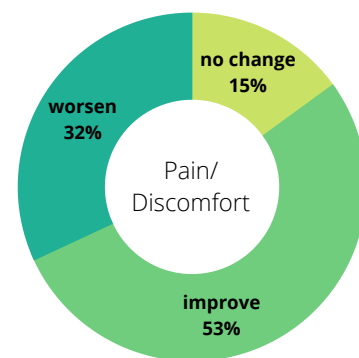
Healthcare Organization

Informs performance measurement and evaluation

EQ-5D completed by multiple patients at various clinics are aggregated and data analyzed to:

- Compare patients' health outcomes between providers or clinics
- Examine the effectiveness of a health intervention or program and compare it across different providers or sites
- Triage patients according to their self-reported health problems to inform care delivery

Change in EQ-5D pain/discomfort dimension after completing a pain management program at a PCN clinic



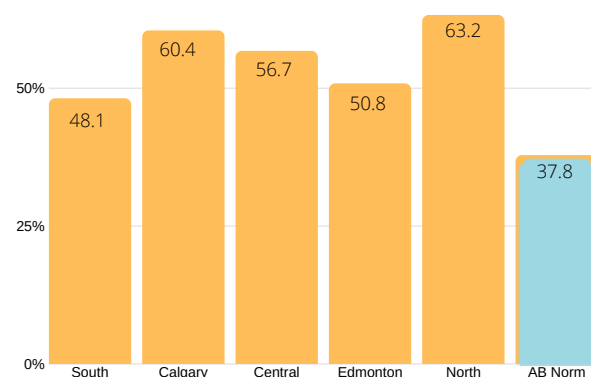
Health System

Informs resource planning and allocation

EQ-5D completed by multiple patients at various clinics across the province are aggregated and data analyzed to:

- Compare patients' health outcomes across health zones
- Compare patients' response to treatments or interventions across primary care networks (PCNs)
- Identify key health problems at a provincial level

% of patients in primary care reporting problems in EQ-5D anxiety/depression dimension across Alberta health zones



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